Laying the foundations for the future
The project
• Education, our passion. The person, our life
  • Music, a powerful educational tool
    • School of creative inwardness

Families are at the heart of the project
• Música y Persona Cultural Association
  • The Choirboys, the Orchestra, the Violins
    • Parallel activities, the social engagement

A collective effort
• A reversal effort
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The Project

Music as an educational tool for life
The Project

Música y Persona was born in 2014 as an Own Educational Project in Early Childhood and Primary Education at the Heart of Mary School, in Palencia to gradually take music to classrooms.

It includes both choral singing and violin practice from three years on to their integration in the Primary curriculum.

Music accompanies children’s early life in their journey to the discovery of the world, of the others and their own identity, to make them creative, passionate and committed.
Education, our passion.
The person, our life.
Each person is unique, counts on different and astonishing capacities that we want to help discover so that each one can achieve a full life.

We want to accompany the children in their personal development, by encouraging them to think, act and take a stance on life in a concrete way.

We support children’s education in values, which help them accede to the most genuine of the human being, by encouraging them to turn that potential into something extraordinary.

And it is in Music that we have discovered an inexhaustible source of talents that contribute to bringing the best out in our students.
Music, a powerful Tool

• In Music, there are some of the most effective elements for life learning, besides helping with the intelligence development, especially with the violin practice.

• However, when Music is part of the very way of being, of thinking or feeling that music, then Music becomes an extraordinary source of creative inwardness.

A musical note is essential and extremely important, but it is nothing without the next, nor are they together without a rhythm, a tone or harmony. It is its relational characteristic that gives music its powerful peculiarity.

Understanding of what is learned by integrating it into life; turning Music into some personal experience is the difference between purely technical learning and this new way of connecting with music.

It is in the meeting that the great expressive power of a musical piece lies.
We human beings are made for the meeting, the same as Music. Therefore, we understand musical art as a training element and we apply it to what we call Schools of Creative Inwardness, real "spaces" to meet oneself and the others, which encourages an intellectual, human and spiritual growth.
Music allows learning to listen to us and the others, to feel unique while being part of a community, to become known, to embrace and be moved by emotions and to channel them.

Music teaches us to esteem its beauty, makes us sensitive and critical, refines our liking, and opens our mind to creativity when it takes us to our top-level expressiveness.

Some of the most important life skills participate in musical learning: tenacity, humility, responsibility...

Active listening, integration, balance and harmony... Even the silence language, which invites us to deepen inwardly so that we can recognise and relate ourselves from the bottom of our heart by opening the door to noble sentiments.

It is integration into all subject learning and interaction among multiple intelligences that Music can prove more effective to Integral Education, by turning classrooms into real Schools of Creative Inwardness.

The children might not turn into great musicians, but Music will help them become great people.
Musical intelligence is present in human beings since birth, that is the reason why parents can early stimulate music awareness in children.

The family involvement in the Project strengthens the link between the family and the school and encourages training in education.

Parents can be also the best teachers at an early age if they make up their mind to learn to play violin together with their children.

The best encouragement is that coming from the child’s environment. It is also the best investment for the future.
The Missionary Daughters of the Heart of Mary, convinced that the Schools of Creative Inwardness can benefit the whole society, set up a Non-Profit Cultural Association to provide for the continuation of Música y Persona Project.

The objective is: to extend its proposal and actions, involve both people and entities, promote the exchange of experiences, and all kinds of performances and synergies that refer to Music and Integral Education.
Música y Persona counts on a group of teachers, music professionals and enthusiastic parents, all linked to the Heart of Mary School in Palencia and led by Sister Mª Dolores Almansa.

Experiential training, in which meeting and perseverance are rewarded with small achievements that encourage us to persevere. And personal experiences recognised by music internalisation should be the best weapons to develop creativity and promote interest in the students, which will make it easier to lead their own learning one day.

12 individual booths for instruments and 4 big music rooms for choral and orchestral groups, where it is possible to work in teams, events room and both Early Childhood and Primary Education facilities at the Heart of Mary School in Palencia, where the Cultural Association is also located.
The Choirboys, the Orchestra, the Violins...

The music experience played for others on the stage and in cooperation with other people is a reality thanks to the implementation of the Heart of Mary Choirboys and Música y Persona Youth Orchestra, authentic musical groups of very young artists, with no precedence in their environment, who have already made their débùt in concerts held both out of school and of the Association too.
There are 30 voices that make up the Heart of Mary Choirboys led by Sister Mª Dolores Almansa.

Currently, we are working to count on a bank of own handmade violins; all this so it can be effective to unify sound in the orchestral group and make it even more singular.

26 violins sounding at several-part voices make up the orchestra under the baton of Ana Gloria Otero.

The Heart of Mary Choirboys

The Violins

The Young Orchestra of Música y Persona
M&P wants to be a forum for educational innovation that fosters Music studying as a top-rated formative element. We understand that we have a global responsibility and we should keep on learning and sharing our experiences, by promoting talks, lectures and involvement of experts in helping the whole society.

We also want our students to commit to society. Therefore, we encourage you to take part in charitable causes by making Music available to the most sensitive people.

Parallel activities. Social engagement.
A collective Effort

The Project is growing and making both people and groups together be interested in looking for new contribution ways, which help finance many activities that Música and Persona has already set in motion.
That is, M&P extends already beyond the school borderline. It has become an innovative educational bet that catches musicians, educators and scholars’ eye and can also draw an important number of students and teachers. It entails an interesting investment in human capital by promoting values, such as creativity, sensitivity, \textit{relationship} and determination in those who will be the citizens in a near future. They are likely to be the musicians and art lovers that will make the cultural and artistic life move in their social environment.
A reversal effort

We are privileged companions of lives under construction. And their foundations largely will depend on us, on the values that we have been able to pass on them and tools given to internalise them.
Their happiness will depend on that intangible legacy that is Education, which will help them build themselves as individuals and be successful in their future projects to achieve their potential.

The whole society is called to carry out that investment because these boys and girls will be free, coherent and hopeful individuals one day, able to integrate their emotions, both to think ahead and solve life difficulties critically, by actively engaging in building a society where Music is played for everyone.
Música y Persona Project is an educational plan of the Heart of Mary School in Palencia, an Early Childhood and Primary Education centre that you can know in depth by visiting our website:

https://cmariapal.net/

Música y Persona also counts on an Association. In its website you can find different ways you can contribute to:

http://musicaypersona.org/

If you want, you can pay us a visit at Av. De Madrid, 63. 34004 PALENCIA, ring us on the telephone number +34 979 165 439, or email us at:

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